

Social Skills Sessions

1. Time for School

- a. Say Hello, Listen to the Teacher, Share
- b. Say Sorry, Hands to Myself, Show Interest
- c. Sit Quietly, Raise My Hand, Library
- d. Playground, Take Turns, Self-Calming
- e. PARTY!

2. Tips & Tricks

- a. Voice Modulation, Blurting, Tact
- b. Personal Space, Grooming & Hygiene
- c. Deep Breathing, Forgive, Asking for Help
- d. Sense of Humor, Perspective
- e. Being Wrong, Flexibility
- f. PARTY!

3. Faces & Emotions / Going Places

- a. Emotions
- b. Doctor, Dentist, Hairdresser
- c. Transportation, Library, Playground, School
- d. Mall, Birthday Party, Grocery Store, Restaurant
- e. PARTY!

4. Time for a Playdate

- a. Greet Friend, Stay with Friend, Eye Contact
- b. Guest Chooses, Take Turns, Play His Way
- c. Share, Talk on Topic, Answer
- d. Losing is OK, Clean Up, Say Goodbye
- e. PARTY!

5. I Can Do It

- a. Transitions, Wait
- b. Do What is Asked, Friends Say No
- c. Losing, Teamwork
- d. Try Something New, Criticism
- e. Birthday Party: Greeting, Joining In, Saying Goodbye
- f. PARTY!

6. Friendship

- a. Say Hello, Body Language, Show Interest
- b. Clubs, Interests, Team Sports
- c. Empathy, Invite
- d. Rejection, Compromise
- e. Include Others, Maintain Friendship
- f. PARTY!

7. Confidence & Bully Prevention

- a. Self-Advocacy, Peer Pressure
- b. Choosing Friends, Building Strengths, Visualization, Positive Self-Talk, Scripting
- c. Stay with Others, Telling isn't Tattling
- d. Walk Tall, Group Discussion
- e. PARTY!

8. Organization & Motivation

- a. Do My Best, Planning Ahead, Being on Time
- b. Note-Taking, Organization, Persistence
- c. Break it Down, Flexibility
- d. Focus, The Big Picture
- e. Memorization, Mistakes
- f. PARTY!